



The Monmouth Unitarian Universalist

WWW.UUCMC.ORG

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Unitarian Universalist Congregation of Monmouth County, Lincroft, New Jersey

March 2018

*We are **Rising Up!***

Because of our shared experiences at UUCMC, we are better equipped to be change agents and creators of more love, democracy, and justice in our communities.

We probably shouldn't brag, but the Unitarian Universalist Congregation of Monmouth County continues to be a spiritual home and hope for a better world by Creating Community, Transforming Ourselves, and Transforming the World.

*You are invited to help us **Rise Up** in 2018-19 and live our UU Values.*

Join us at one of the following events to both make your pledge and to discuss the pressing matters facing our congregation and its role in the community. We need your input on how we can **Rise Up** and help ensure that there is liberty, love, and justice for us all.

Please join us at any of these conversations. *The plan is to fan this spark into a flame.:*

Family **Pancake Breakfast, Sunday, March 4** after service in the Community Room

Happy Hour, Saturday, March 10 at **5pm** in the Community Room

Sunday Morning **Dialog, Sunday, March 18**



We need to handle our financial situation! We will have pledge forms there and hope to have a lively discussion of how we can **Rise Up** as a people and as a congregation.

- How will we better share and deepen our values of love, democracy, and justice at home and in the wider community?
 - What resources do we need to do that?
- What do we envision for our own facilities to promote these values and make our ministries most effective?
 - What crisis/opportunities are presenting themselves that we can grow into as a congregation?

This is not a moment, it's the movement.

Love Carried Out ~ Rev. Virginia Jarocho-Ernst

History has its eyes on you, UUCMC! We are living in extraordinary and threatening times. Our values and ideals, our bodies and people on the margins are freshly targeted every single day. I look to this congregation and to Unitarian Universalism as a movement for the sustenance and strength to be heard and to make it through hard times. I come here to think and celebrate, grieve and sing, and to find the courage to do what I know is right. Here, we recognize that no one is free when others are oppressed. Here, life, liberty and love are valued and given expression. Here, we pursue democracy doggedly, living into resistance of a virulent and powerful Anti-democracy movement that is threatening and close to accomplishing democracy's demise.



We have to **Rise Up** friends, claim your freedom and never, ever settle for less.

Please join in the conversation and *don't throw away your shot!*

Rev. Virginia

Sunday Services — 10:30am

March 4

Rise Up March 4th!

The true stories of how one small congregation saved democracy and the world.

All

Sometimes, we take it for granted that a place dedicated to love and justice will always be there when we need it. Sometimes, we forget to notice those who struggle to live our principles into being every day. Today is for your story of survival and principled action. How do you finish these sentences? UUCMC saved me when.... Once upon a Sunday.... Because of Unitarian Universalism my children's children will.... *Music by UU Singers, Louise Chernosky.*



March 11

Annual Dr. Myra Zinke Service

The Oneness of Life and the Myriad Lives of Women

Merle Boyd

Many women of different races, classes, gender identities, religious beliefs, etc. do not feel included in the current feminist movement that seeks to speak on their behalf. From a Buddhist perspective, all identity is fluid. How do we include the great diversity of beings who embrace the fluid definition of the word "woman" in a just and empowering way? *Music by UU Singers, Elaine Held, and Louise Chernosky.*

Merle Boyd is a retired clinical social worker, a Zen Buddhist priest in the Soto Zen Buddhist Maezumi/Glassman lineage. She was an early member of a small group of zen practitioners who began sitting zazen here at the meetinghouse in the 90s that became the Lincroft Zen Sangha. She has served LZS as guiding teacher since 2006. Through the generosity of the UUCMC, LZS has gathered here to sit zazen for about 24 years.

March 18

Out of Balance Again

Rev. Virginia Jarocho-Ernst

Is it stress, busyness or boredom that tips you over the edge? How do we save and savor this world with our one precious life? It is messy and never boring at the balance of Winter into Spring. *Music by Jan Dash and Joel DeWitt.*

March 25

The Desert Times

Rev. Virginia Jarocho-Ernst

The story of Passover and Exile inspires some reflection on our current sense of dispossession. On climate and social justice, our voices are being pushed to the margins. What happens in that desert space? *Music by UUCMC's Pick-Up Band, Core of Fire, and Louise Chernosky.*



Sunday Dialogs — 9am (coffee 8:45am)

March 4 – “Theodore Parker, Transcendentalist and 19th Century Unitarian Preacher”

Mary Fraser Judge

Ms. Judge, a distant relation of Theodore Parker (1810-1860), will present on his role in the Transcendentalist Movement (along with Emerson, Thoreau, the Alcotts, and others), and the growth of Unitarianism in the United States. She will bring an 1861 prayer book prepared from Parker's sermons.

Ms. Judge, recently retired from the Barnegat Bay Partnership at Ocean County College, serves as Co-Chair of the Jersey Shore Chapter of the Native Plant Society and is very active in local community initiatives.

March 11 – “Bereavement hits us all... but the child aged 7 to 17 has a lot more to deal with!”

Jack Ives, Volunteer for ComfortZoneCamp.org and UUCMC Member

ComfortzoneCamp.org offers a FREE three-day weekend to each child (each year) between 7 and 17 who has lost a parent, sibling or primary caregiver. They are matched up with a Big Buddy for the weekend and put into a Healing Circle with those their own age to Share and Process their Grief, Learn Coping Skills and Grow from this experience.

Jack has been a member of UUCMC since 1997 and has volunteered for ComfortzoneCamp.org for the past 3 years offering his time for three-day weekends in MA, NJ, VA and NC. Jack also tithes his graphic design skills back to UUCMC in many needed areas.



March 18 – “Rise Up! UUCMC at work in challenging times”

Stacey Abate, UUCMC Board Member; Ted Wardell, UUCMC Treasurer

UUCMC transforms lives for the better, bringing love and hope to a hurting world. Join us to discuss the pressing matters facing our congregation and its role in the community. We need your input on how we can Rise Up! and help ensure that there is liberty, love, and justice for us all.

Stacey has been a member of UUCMC since 2000 and has served on our Board of Governance, CoCM, the RE and Nominating Committees. Ted, a 25-year UUCMC Member, has served on the Council and Board, run his family business and holds degrees from the University of PA in Economics and Rutgers in Finance.

March 25 – “Social Justice work at UUCMC and the movement to restore democracy”

Tony Giordano

We will present an overview of the Social Justice Committee: its teams and activities at UUCMC and how they connect to each other and to the broader movement to restore democracy in America. We'll segue into our Corruption of Democracy Team: describing ways in which we're losing our democracy. We'll summarize our activities to educate, advocate and produce reform, and how we can restore democracy.

Tony has been a member of UUCMC since 2007 and is chair of the Social Justice Committee, and co-chair of the Corruption of Democracy Team. He recently retired from a career in social research and teaching.

Inclement Weather: In case of inclement weather, please call the congregation office at (732) 747-0707 or check our website at www.uucmc.org for announcements of program cancellation. Sunday notices will be posted by 7:30 am.

Religious Exploration Ministry

Building Bridges

Michelle McKenzie-Creech,
Credentialed Director of RE



When I entered into this work, one of the early messages I received was that parents are a child's primary religious educator. I have passed that message along dutifully. I do fully believe in the message, because if you count up the hours that children and youth participate in our Religious Education program yearly, it only equals a day or two, even if you come every week. So yes, of course, caregivers are primary.

My thoughts have evolved along the way, especially as the Religious Education Committee continues to move more deeply into a model of Family Ministry rather than child-centered RE. Yes, we still have RE sessions for children and youth on Sundays, but our vision for what Family Ministry can be is so much more significant.

Unitarian Universalists come from diverse backgrounds; many come from other faiths or none at all. Adults are learning what it means to be UU, often at the same time as our children. How can we ask you to be your child's primary religious educator without giving you the tools? We can't, which is why we need to embrace Family Ministry and working in partnership to indeed be effective. We put out various resources and opportunities for families to learn together. I encourage you to use them when one speaks to you. I encourage you to include ritual at home and to look for opportunities to model and bring those values into your everyday life. Make the values of Unitarian Universalism a way of being and not just something we do on Sunday. We are here to guide and support you all along the way.

In faith,
Michelle

Religious Education News

RE REjoices: We had a wonderful turn out for our family night get-together in February. It was a great chance to make friends, memories, and chalices! Thank you everyone for participating.

Join us at Greek Eats: Our SYG is holding a fundraiser for their Boston trip at Greek Eats (89 Newman Springs Rd, Shrewsbury, NJ) on Sunday, March 11. The youth will earn money while you enjoy good food.

Boston: The Senior Youth Group's Boston trip is fast approaching. It is scheduled for April 19-22.

RE REquests: Please check the schedule of the classes you have agreed to help out with. If you are supporting a lead teacher in a classroom and you have questions, please do not hesitate to ask Michelle McKenzie-Creech, anyone in the RE committee, or Monica Bottone. Committee members can be identified by their nametag.

RE Dates to REmember and REcord:

March 2: Youth Group

March 11: Greek Eats SYG fundraiser

March 16: Youth Group



Common Read

Our next book is the Pen/Faulkner Award-winning, *The Buddha in the Attic* by Julie Otsuka
Discussion on Saturday, March 10th, 10-11:30am

The novel traces the lives of a group of young Japanese women who were brought to the U.S. as "picture brides" nearly a century ago.

We have two copies available for loan.

Board News



Board of Governance 2017-2018

Interim President	Joan Farkas	Treasurer	Ted Wardell	VP at Large	Janet Freed
Senior VP	Stacey Abate	VP Staff Resources		VP at Large	Stephen Alburtus
Secretary	Jan Boyarin	VP at Large	Rick Goldberg	Council Moderator	Judy Stevens

From Your Board of Governance

March has us starting a busy time with much activity throughout the community. Our first happy announcement is that Stacey Abate has accepted the Board’s appointment to take over the Senior VP position recently vacated by Alicia Malave-Diaz. We remain saddened by losing Alicia but are thrilled that Stacey can step up, as her commitment to our values and organizational skills is a tremendous asset to our community. We are also pleased that Susan Boyce has accepted the Board appointment to the Nominating Committee as they continue to pursue the next slate of elected leaders for our congregation. We are grateful that Susan is willing to give of her time and energy to this worthy committee.

This month, we have multiple events planned including an Interim Congregational Meeting on Sunday, March 18. We will be focusing on the exciting actions and achievements of our various Congregational Committees who continue to be a force for bringing UU values into the world even when met with an at times, regressive policy agenda from the current administration.

Additionally, our Stewardship Committee has planned a Pancake Breakfast, Cocktail Reception (see p.1), and a Sunday Morning Dialog (see p.3) to celebrate our congregation and invite you to **Rise Up** and contribute to the ongoing good works of our community. Invitations and information about this year’s pledge campaign have gone out. Join the discussion!



Dollar\$ and \$en\$e

Fiscal Year 2017-2018 (Total Budget \$472,490)

PLEDGE TARGET	PLEDGED	PLEDGE GAP	PLEDGES PAID
\$345,000	\$336,035	\$8,965	\$249,029

YTD INCOME	YTD EXPENSES	NET INCOME
\$314,452	\$272,953	\$41,499

For FY2017-18 to date, income continues to remain above expenses. January spending exceeded receipts by about \$10,000 but our receipts from a heavy year-end giving was sufficient to maintain our positive cash position.

Through February 23rd, 2018, the Close the Gap Campaign has brought the pledge gap to \$8,965. In early November, the gap had been over \$25,000. We cannot thank you enough for your support! And to all who support UUCMC with generous financial gifts, Thank you!

- Ted Wardell, Treasurer



Denominational Affairs

It is time to be thinking of attending General Assembly (**GA**) this year. It will be held June 20-24 in Kansas City, home of some really good BBQ. **Registration starts March 1st** at a discount until May 1. At uua.org/ga/registration, you will find information on hotel reservations, different types of registration and financial aid possibilities. If you are thinking about attending and would like more information, please contact Rev. Virginia or me, Rich Held richheld@gmail.com

Committee News



Committee Chairs

Building	Bob Guenther	Finance & Administration	Tom Harbison	Public Information	
Caring	Paul Newland/Irene Passmore	Grounds	Bonnie Lee Glaab	Religious Education	Aimee VanDuyne
Community Life	Heidi Bruhin	Membership	Betsy Sunada	Social Action	Tony Giordano
Denominational Affairs	Rich Held	Music	Liz Tortorella	Sunday Morning Dialog	Linda Stehlik
		Program	Jane Reskof		

Social Justice Committee

Share the Plate: Parker Family Health Clinic in Red Bank received a check for \$753.85 as our Share the Plate recipient for January. For March, Casa Freehold will receive half the monies in our Sunday offerings.

It's almost Spring! We have a few available plots in our **Community Organic Garden**. We'd love to have others join us. Interested? Email Irene, irene.gibson@gmail.com.

Dave Reskof, Joe Donahue, and William Van Wyke attended the UU FaithAction NJ mini-conference at the Princeton UU on Sunday, Feb. 4. Topics covered were: Legalization of marijuana, only in Politics, Renewable Energy, Economic Justice, and Criminal Justice. The Spring Faith Action **Plenary will be held on April 21** in East Brunswick. See William about possible carpooling. It would be nice to have a good UUCMC turnout!

At the **Corruption of Democracy** meeting on Feb. 3, several actions were discussed. We will be working with the Represent US chapter in Princeton, campaign finance reform and promoting voter education.

Ten years ago, we invested \$200 in eight \$25 **KIVA micro loans**. To date, we have made \$25 loans to people in 31 countries, helping a great many people to further their education, buy livestock and helping lives in many other ways. Nancy Ehrlich is running this valuable program.

If you would like more information regarding the many activities of Social Justice, contact Tony Giordano, Chair. The next SJ meeting will be Wed., April 4 at 7 pm in the East Room. Please join us!



- Tony Giordano, Committee Chair,
tonygio298@gmail.com

CLIMATE CHANGE ACTION TEAM

We know that climate change has a disproportionate impact on communities of low income and people of color. At the recent NJ Mayors' Climate Summit, this fact was recognized by many of the speakers, giving us hope that justice issues will figure into any forthcoming climate solutions. It is up to us, people who care about climate justice, to be sure that this is so.

UUCMC's CCAT is represented on **MC³**, Monmouth Community Climate Coalition, volunteers working on these issues. MC³'s next meeting, March 1, 1pm is in Adeline 1, upstairs at Edgewood House. Join us!

Citizens' Climate Education/Lobby

(CCE/CCL) also recognizes that it is up to us to bring about policy changes that will accelerate the transition to a healthy, safe energy future. Locally, CCL meets in Edgewood House. Next meeting is Saturday, March 10 at 12:45. Lynn Dash and Sarah Fischell are co-chairs of the Lincroft chapter.

www.citizensclimatelobby.org

Questions? climatelynn@gmail.com

Save the Date!

UUCMC Auction
Saturday, June 2nd

Start thinking about what goods and services you can donate and what merchants you know that might want to donate to this worthy cause!

The UUCMC Senior Youth Group

Invites you to participate in our...



at



Why: To help us fundraise for our Boston Heritage Trip

Where: Greek Eats, 89 Newman Springs Road, Shrewsbury

When: Sunday, March 11

How: Simply bring the flyer or mention the UUCMC Senior Youth Group and they will, with much gratitude, receive 20% of your bill.

*****Bring your friends*****



Where Do You Shop?

In addition to the six grocers whose gift cards UUCMC stocks, we also have gift cards for places you regularly shop. Below is a list of the **cards we generally have in stock** and the amounts UUCMC earns when you purchase them. Your purchasing them through us earns real money that goes to the programs you care about here at UUCMC.

- | | |
|------------------------|-------------------------------------|
| Amazon. 2.25% | Gap/Old Navy/Banana Republic. 20% |
| AMC Theaters. 8% | Outback/Bonefish Grill/Carrabas. 8% |
| American Express. 1.5% | Panera Grill. 8% |
| Barnes & Noble. 8% | PetSmart. 5% |
| Boscovs. 8% | RiteAid. 4% |
| CVS. 6% | Staples. 5% |
| Chipotle. 10% | Starbucks. 7% |
| Dunkin Donuts. 3% | Target. 2.5% |
| Home Depot. 4% | TJMaxx/Marshall's. 7% |
| iTunes. 5% | Walgreens. 5% |
| JCPenney. 5% | Walmart. 2.5% |
| Kohl's. 4% | |
| Lowe's. 4% | |
| Macy's. 10% | |

Please **support our Gift Card program**. It's a simple way to help your congregation.

Earth Room Concerts

UUCMC's series of contemporary folk and singer-songwriter concerts continues:

• **Jesse Terry** - Saturday, March 3, 7:30pm

• **No Fuss and Feathers** - Saturday, April 14, 7:30pm



Jesse Terry is a singer/songwriter with an ability to create a connection, to bare his soul and express his emotions through his songs.

No Fuss and Feathers is a four-member consortium of well-respected songwriters and performers who have been touring and recording together for a couple of years.

More Earth Room Concerts info and tickets are available at Sunday coffee hour or at earthroomconcerts.org.

MUSIC! MUSIC! MUSIC!

Calling all instrumentalists! Our Pick-Up Band will perform on March 25th, and anyone who plays an instrument is invited to come join us. All ages are welcome. Please arrive by 9:45 am on Sunday, 3/25 and we will learn the song, and then perform it at the beginning of the service that same day. Music will be available in advance from Louise (music@uucmc.org).

Watch the eblast for info about Chalice Singers (our children's choir) performing on April 1st for our Easter multigenerational service. Music (recording and lyrics) will be available from Louise during March.

If you'd like to get involved with music at UUCMC, please contact Louise or a member of the Music Committee about opportunities. Several of our performing groups remain open to newcomers throughout the year.

Louise Chernosky, Music Director ~ music@uucmc.org

March's Theme: *BALANCE*

Your joy is your sorrow unmasked.

And the selfsame well from which your laughter rises was often times filled with your tears.

And how else can it be?

The deeper that sorrow carves into your being, the more joy you can contain.

Is not the cup that holds your wine the very cup that was burned in the potter's oven?

And is not the lute that soothes your spirit, the very wood that was hollowed with knives?

When you are joyous, look deep into your heart and you shall find it is only that which has given you sorrow that is giving you joy.

When you are sorrowful look again in your heart, and you shall see that in truth you are weeping for that which has been your delight. ~ Khalil Gibran

I am trying to remember you

and

let you go

at the same time. ~ Nayyirah Waheed

I arise in the morning torn between a desire to improve the world and a desire to enjoy the world. This makes it hard to plan the day. ~ E.B. White

To do two things at once is to do neither. ~ Publilius Syrus

All of a person's misfortune comes from one thing, which is not knowing how to sit quietly in a room. ~ Blaise Pascal



UUCMC Solar System's Lifetime Performance (since 9/22/06)

Reading taken 1/31/18

Total: 133,308 pounds of CO₂ pollution avoided
 121,190 Kwhrs 206,027 pounds coal consumption avoided
 363 barrels of oil consumption avoided

RiSEUP

WAGO (We Are Getting Older)

Wednesdays in April

at 12n in the Community Room

Bring your lunch, and invite others to come.

We provide juice and fruit. A presenter speaks (or plays) about the challenges and joys of getting older, followed by a discussion.

Try Something New!

Spiritual Practices Sampler



Saturday, March 17th in the Earth Room

Sample a **medley of meditative practices** taught by UUCMC congregants. Each session will be a half hour, after which we'll celebrate with a soup luncheon.

10:00-10:30	Qi Gong	Maxine Forster Guenther
10:30-11:00	Buddhist Meditation	Mary Carol Day
11:00-11:15	Break	
11:15-11:45	T'ai Chi	Dan Ciaglia
11:45-12:15	Drumming	Skip Leib
12:15-1:15	Soup Luncheon	

What a perfect way to relax and take care of ourselves in community. Join us for this special retreat day!

Please register (childcare **deadline is March 11**):

<https://www.formdesk.com/uucongregationofmonmouthcounty/SpiritualPracticesSampler>

Monmouth Unitarian Universalist

A monthly newsletter published by the Unitarian Universalist Congregation of Monmouth County 1475 West Front St, Lincroft, NJ 07738
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Unless otherwise noted, phone numbers in this newsletter have area code 732.

Deadline for newsletter submissions is the 15th of each month at 12n. Please submit articles to uucmc@uucmc.org.

This newsletter is for news and articles about the activities of the congregation. All submissions should be <150 words.

The newsletter can be accessed via our website at www.uucmc.org. Click on News and then Newsletter. Copies are available without charge in the foyer.

Tai Chi for Beginners
 Mondays, 6:30 pm, Community Room

Recognize the "qi" in your body. Learn the practice called "nanlaoshu" or "the art of how to grow old." It enables us to strengthen and straighten our bodies, increase flexibility and improve our general health and well-being. No sign-up necessary. Open to all. \$5 donation. Email Dan Ciaglia: danciaglia@gmail.com.



UU Buddhist Meditation

The Monmouth Zen Circle (a Soto Zen Buddhist Sangha) meets Saturdays at Edgewood House, 10am-12pm. We sit 3 periods of meditation and 2 periods of walking meditation followed by a short chanting service. Once a month our teacher, John Bailes, travels from Boston to join us for a 2-day sitting event at Edgewood House. Join us at any time. If you'd like instructions, arrive at 9:45am. Questions? Elaine Held evdplate@gmail.com.

LINCROFT ZEN SANGHA

Wednesdays at 7pm in the **Earth Room**, Beginning instruction at **6:30 pm**. A community of practitioners in the Soto sect of Zen Buddhism, our intention is to live out the *life* of a Bodhisattva, *realizing the awakening of ourselves and serving all others*. We sit zazen for three 25-minute periods, with a short walking meditation between periods.

All are welcome. *Please email us to let us know of your first visit.*
 Info: <http://lincroftzen.org> (See the "First Visit" tab) or info@lincroftzen.org

Adjunct Group

Monmouth Center for World Religions & Ethical Thought

MCWRET is collaborating with the Freehold Unity Coalition, a sub-committee of the Freehold Clergy Association, and planning a workshop on March 10, 3-5pm, about **Freehold**, its past, present and future at the Court Street School. All are invited to attend. Our MOSAIC students will moderate the panel and provide feedback on their hopes for the future.

MCWRET will present a **panel discussion** The Role of Women in Different Faiths on Wednesday, April 25, from 11-12n, at Applewood Performing Arts Center in Freehold. A group of incredible women from the Hindu, Jain, Sikh, Islamic, and Buddhist Faiths will be on the panel. Please call moderator Rev. Liz Congdon (609-954-1460) if you are planning to come. *The program is free.*

www.interfaith-mcwret.org
 Joe Ritacco (MCWRET) jritacco@comcast.net or
 Kristine Binaco (UUCMC & MCWRET) uubooklover@verizon.net

Get Involved!

Social Action Film Series:

Femme: Women Healing the World

Sunday, March 11 at 6 pm, Community Room

Femme showcases the perspectives of women across nations, ages, and incomes on how humanity can flourish amidst the challenges we face today. It features well-known women such as Gloria Steinem, Angela Davis, Karen Armstrong, along with a range of wise, optimistic voices, through the lenses of spirituality, science, history, politics, and more. Produced by actor Sharon Stone, who is also interviewed. Email Dan Ciaglia, danciaglia@gmail.com, for more details.

New to UUCMC?

Would you like to learn about Unitarian Universalism and our congregation? Join us for a series of 3 classes to **find out more**. Meet others who are seeking, just like you! All classes are in the East Room.

Sign up on the office door or email lisa@uucmc.org.

Grow	4/8	noon-1:15pm
Participate	4/15	noon-1:15pm
Serve	5/6	noon-1:15pm

Please note our usual series of 4 classes will be **condensed into 3 classes** for the Spring series.

Fundraising Soup Luncheon

Sunday, March 25

Enjoy our community while sharing your favorite soup. We need your delicious soups to nourish us all! Can you offer a pot of soup and/or help with the set up or clean up? Please **email Marinel** (baykoof944@aol.com) to let her know you're willing.

Suggested donation is \$10/adult, \$5/child, \$25 max./family.



The Monmouth Unitarian Universalist

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Address Correction Requested