



# The Monmouth Unitarian Universalist

[WWW.UUCMC.ORG](http://WWW.UUCMC.ORG)

## INSIDE THIS ISSUE:

- RE News
- Board News
- Committee News
- Social Action
- Adjunct Groups
- Upcoming Events



Unitarian Universalist Congregation of Monmouth County, Lincroft, New Jersey

January 2018

## January's Theme: *INTENTION*

Those who have a why to live for can bear almost any how.

~ Friedrich Nietzsche

Between stimulus and response, there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.

~ Viktor E. Frankl

### The Intentional Act of Going to Church

Let me tell you why I come to church. I come to church—and would whether I was a preacher or not—because I fall below my own standards and need to be constantly brought back to them. I am afraid of becoming selfish and indulgent, and my church—my church of the free spirit—brings me back to what I want to be. I could easily despair; doubt and dismay could overwhelm me. My church renews my courage and my hope. It is not enough that I should think about the world and its problems at the level of a newspaper report or magazine discussion. It could too soon become too low a level. I must have my conscience sharpened—sharpened until it goads me to the most thorough and responsible thinking of which I am capable. I must feel again the love I owe to others. I must not only hear about it but feel it. In church, I do. I am brought toward my best, in every way toward my best.

~ Rev. A. Powell Davies, Unitarian Minister

You too can be carved anew by the details of your devotion.

~ Mary Oliver

## Love Carried Out ~ Rev. Virginia Jarocho-Ernst

Intention is powerful, life-changing stuff. It is a sense of resolve that leads to those New Year's resolutions. But it is more than that. It is the power behind our will to do better, to create the world we want to live in, and it is never enough for success in any of these. Because balancing our intentions is also the impact of our words and deeds. While assuming good intentions is a laudable practice, demanding it of others can blind us to the real hurt we may cause. So, packaged along with good intentions should also come a warning label, and a feedback report about our impact.



I think of this as some of our messiest and most needed work these days. I'm not sure we are in real relationship until we make mistakes; then figure out how to make amends; and return to a deeper relationship, one built upon a trust that's been tested. So I have just one intention for 2018 that I would like to practice with you at UUCMC. It is my intention to go deeper into conversations that matter. Maybe it will mean slowing down. Or maybe we will make some nice juicy mistakes together and then talk honestly and deeply about them. All I know right now is my intention is to be in real conversation about important and life altering matters with you.

With wishes for a Happy and Healthy New Year together!

*Rev. Virginia*

---



---

## Sunday Services — 10:30am



January 7

### ***The Art (and Science) of Being Yourself***

Rev. Virginia

Intentionally, purposefully we step into a new year. All any of us can be expected to ever do is be ourselves. What is behind such authenticity that also plays well with others? Core of Fire will join in dancing, including "Let It Be" – a New Year's tradition! *Music by Core of Fire and Louise Chernosky.*

January 14

### ***The 8<sup>th</sup> Principle***

Rev. Virginia

On the MLK Sunday, we will consider Black Lives of UU (BLUU)'s proposal to add an 8<sup>th</sup> Principle to our current set. It reads: "We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse, multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions." *Music by UU Singers and Louise Chernosky.*

January 21

### ***What Do You Mean!?!***

Rev. Virginia and the Committee on Congregational Ministry (CoCM)

Conflict is common, human, serious, and sometimes even good for a laugh. Today, Rev. Virginia and the members of CoCM will explore ways to deal with conflict that grows community instead of dividing it and keeps our sense of humor. *Music by Louise Chernosky and Roots & Wings Drum Choir.*

January 28

### ***Gratitude, The Root of all Goodness***

Rev. Rosemarie Newberry

Our affiliated community minister will be in the pulpit today. The senior minister at All Souls Church in New York City, the Rev. Dr. Galen J. Guengerich, states that the theology of Unitarian Universalist is gratitude, not love, not justice. This foundational theology will move our faith into the future, grow our souls and grow our communities. *Music by Jan Dash, piano and clarinet.*

**Inclement Weather:** In case of inclement weather, please call the congregation office at (732) 747-0707 or check our website at [www.uucmc.org](http://www.uucmc.org) for announcements of program cancellation. Sunday notices will be posted by 7:30 am.

---

## Sunday Dialogs — 9am (coffee 8:45am)

### **January 7 – “Making the Case for the Medical Aid-in-Dying law in New Jersey”**

Susan J. Boyce, Patient Advocate, Compassion and Choices

Medical Aid-in-Dying laws are on the books in a growing number of states. The laws are intended to give terminally ill patients some control over their end of life choices. Susan, as a terminally ill patient herself, has served as a patient advocate for Compassion & Choices, and organization helping to pass these laws across the country. Susan will share more details about the law and where things stand in NJ.

*Susan is a retired computer scientist who developed an interest in end of life choices by experiences of family members and through contemplating her own end of life. Susan is a Friend of the UUCMC congregation and has lived and raised a family in Rumson for 27 years.*

### **January 14 – “NJ Gun Laws Under Attack: Concealed Carry Reciprocity and What it Means”**

Theresa Turner and Elizabeth Friedman,

Moms Demand Action for Gun Sense in America, Monmouth-Ocean County Group

We plan to explain the mission of Moms Demand Action, as well as give a brief overview of gun law in NJ. Then we will describe a federal bill, Concealed Carry Reciprocity, that will effectively gut our sensible gun restrictions and override our states' rights. We will end with take-home action.

*Moms Demand Action for Gun Sense was created after the Newtown school shooting in 2012 with the mission of reducing gun violence in our country by advocating for stronger laws and sensible policies. We are not anti-gun, we are anti-gun violence.*

### **January 21 – “Lions Sensory Den: A Playground For Visually Impaired Children In Monmouth County”**

Justin J. Lotano, President of the Colts Neck Lions Club

Most of us can't imagine navigating the world while visually impaired, but many children do just that by understanding the world through touch, sound, and smells. The Lions Sensory Den is designed to create a rich sensory experience in a safe place where those who are visually impaired can play with others of all abilities.

The Colts Neck Lions Club is working with UUCMC Member Laura Lieneck at the Monmouth County Parks System to expand an existing playground at Dorbrook Park to include this new space that will be a place to explore these senses for all children.

*Justin J. Lotano is Associate Vice President, Investments at Wells Fargo Advisors, as well as President of the Colts Neck Lions Club.*

### **January 28 – “Giving Voice and Support to Survivors of Intimate Partner Violence”**

Kristine Raye, LGBTQ Outreach and Advocacy Coordinator, for 180 Turning Lives Around

Anyone can be affected by Intimate Partner Violence (IPV) whether on a personal, professional, or a relational level. It can include verbal, psychological as well as physical abuse. During this conversation, participants learn about IPV in New Jersey, how to safely give support to survivors, and what resources are available to survivors and their families.

*Kristine, a passionate LGBTQ+ advocate and educator, has worked in the fields of HIV, sex education, and domestic and sexual violence. Her idea of self-care includes reading, comedies, dancing, and time with her partner, their kids and menagerie of pets.*

---

# Religious Exploration Ministry

## Building Bridges

Michelle McKenzie-Creech,  
Credentialed Director of RE



Our theme this month, Intention, calls to mind a wisdom story that I sometimes tell. The Cracked Pot is a story about a water bearer who carries water back and forth from a stream to his master's home. He carried the water in two pots on his shoulders balanced by a pole. One pot was perfect, and the other was cracked. For two years, the perfect pot always arrived at the house full, the cracked pot always arrived half full.

The perfect pot was proud of its service, while the cracked pot was embarrassed by his imperfection. One day the cracked pot tells the water bearer it's sorry it has not been able to fulfill its duties as the perfect pot did. The water bearer asks him to notice the flowers on the way back to the stream and says, "Did you notice the flowers are only on your side of the path?" The water bearer had always known of the pot's flaw, so he planted seeds all along the trail and each day the cracked pot watered the seeds. The flowers from those seeds now adorn the table and grace the master's home.

When we set our intention to do something, we establish our intention that it will go a certain way. None of us is perfect; things don't always go as we intended. It is our flaws that make us human. May we all learn to let go of our intentions and allow outcomes we would have never dreamed possible.

Wishing you a new year filled with awesome outcomes that you never imagined.

*Michelle*

## Religious Education News

### RE REjoices:

Chili Fest coming! Our Senior youth are working hard to fundraise money for their Boston Trip in April. They are sponsoring a **Chili Fest** on **January 28** during Community Hour. Please come support them.

**Save The Date:** We will be having a family night in February, which includes a spaghetti dinner, family games and a movie for the adults.

**RE REquests:** Please remember to check the schedule of the classes you have agreed to help out with. If you are supporting a lead teacher in a classroom and you have any questions, please do not hesitate to ask anyone in the RE committee, Michelle McKenzie-Creech, or Monica Bottone. Committee members can be identified by their nametag.

### RE Dates to Remember:

January 28: Chili Fest

### Winter Common Read

Our next book is the UUA Common Read **Daring Democracy: Igniting Power, Meaning and Connection for the America We Want** by Frances Moore Lappe & Adam Eichen  
Discussion: Saturday, January 20th,  
10-noon in the Community Room

This is an optimistic book for Americans who are asking, in the wake of Trump's victory, "**What do we do now?**"

The answer: We need to organize and fight to protect and expand our democracy.

# Board News



## Board of Governance 2017-2018

Interim President	Joan Farkas	Treasurer	Ted Wardell	VP at Large	Janet Freed
Senior VP	Alicia Malave-Diaz	VP Staff Resources	Stacey Abate	VP at Large	Stephen Alburtus
Secretary	Jan Boyarin	VP at Large	Rick Goldberg	Council Moderator	Judy Stevens

### From Your Board of Governance

Another New Year is upon us and, as per usual, there is much activity planned and much to be grateful for. The Board would like to thank all of those who contributed to our year-end drive to Close Our Pledge Gap. Your generosity allows us to continue to make this congregation a place of love, peace and social justice. The Board would especially like to thank Joan Silbiger for the generous donation in memory of her husband, Herman, which will go towards the purchase of new chairs for the Earth Room.

In the coming months, you will have opportunities to participate in congregational life in a variety of ways. A new Path to Membership Class is scheduled. More Earth Room Concerts are on the way. A series of events around the Martin Luther King, Jr holiday have been scheduled. Soup Luncheons will begin. And of course, Services, Religious Education and Dialog will be here weekly to refill your spiritual and intellectual cups. Please remember all these fabulous offerings if you should receive a call from our Nominating Committee who will soon be looking for our next slate of Leaders.

Happy 2018 from your UUCMC Board of Governance



**UUCMC Solar System's Lifetime Performance (since 9/22/06)**  
Reading taken 12/1/17

**Total:** 132,050 pounds of CO<sub>2</sub> pollution avoided  
120,047 204,084 pounds coal consumption avoided  
**Kwhrs** produced 360 barrels of oil consumption avoided

### Dollar\$ and \$en\$e

Fiscal Year 2017-2018 (Total Budget \$472,490)

PLEDGE TARGET	PLEDGED	PLEDGE GAP	PLEDGES PAID
\$345,000	\$327,162	\$17,838	\$171,175

YTD INCOME	YTD EXPENSES	NET INCOME
\$224,985	\$195,021	\$29,964

For fiscal year 2017-18 to date, income continues to remain above expenses. The surplus through mid-December increased slightly as pledge receipts grew more quickly than expenses. This positive trend is due partly to the success of the Close the Gap Campaign. At the beginning of this campaign, the gap between pledges and our target was over \$25,000. Today it stands at \$17,838. Nice progress!

As a reminder, if you have not already done so, please complete your pledge commitments and payments promptly.

Of course, thank you to all who support UUCMC with generous financial gifts!

- Ted Wardell, Treasurer

### The Committee on Congregational Ministry

CoCM, as part of its mission, desires to connect and communicate with members of our UUCMC community both as individuals (friends and congregants) and as members of other groups and ministries within our congregation. To achieve this end, CoCM will have a table after service on January 21<sup>st</sup> (future dates to be determined). CoCM members will remain at the table for approximately 30 minutes.

# Committee News



## Committee Chairs

Building	Bob Guenther	Finance & Administration	Tom Harbison	Public Information	
Caring	Paul Newland/Irene Passmore	Grounds	Bonnie Lee Glaab	Religious Education	Aimee VanDuyne
Community Life	Heidi Bruhin	Membership	Betsy Sunada	Social Action	Tony Giordano
Denominational Affairs	Rich Held	Music Program	Liz Tortorella Jane Reskof	Sunday Morning Dialog	Linda Stehlik

## Social Justice Committee

Thanks to our very generous members and friends, many gifts and gift cards have been donated to the Monmouth County SPCA in memory of Mike Patten, and many toys and gift cards donated to Paul McGuire Health Clinic in Freehold. Another **Mitten Tree** success, thanks to Irene Gibson, Patricia Brennan, Marcia Marangon and Tony Giordano.

Look for info soon about **UU Faith Action NJ** mini-conferences to be held in different area of NJ covering each of the 6 Task Forces.

Nancy Ehrlich is again monitoring our **KIVA** account. She opened our KIVA account, which provides micro-loans to entrepreneurs around the world, 9 years ago with eight \$25 loans. As loans are paid back, the money is re-invested. To date, people or groups in over 30 countries have received a total of 80 loans equaling more than \$2000. You can see our loans and pictures of the people we have loaned to on our KIVA page: [www.kiva.org/lender/unitarianuniversalist3097](http://www.kiva.org/lender/unitarianuniversalist3097).

Black Lives of UU, as our **Share the Plate** recipient, received a check for \$3869, which included \$709 half our Sunday offerings in November and \$3160 from a special collections taken on Nov. 14. In January, **Parker Family Health Clinic** in Red Bank will be the recipient. They provide free healthcare to people without insurance.

HR38, the Concealed Carry Reciprocity Act, unfortunately passed the House. Contact Cory Booker and/or Robert Menendez to state your position on this bill before it is voted on by the Senate. Also, call your congressperson to ask that they support a clean Dream Act.

Our next **Social Justice meeting** will be Wednesday, Jan. 3 at 7 pm in the East Room. Come and join us!

-Tony Giordano, Committee Chair, [tonygio298@gmail.com](mailto:tonygio298@gmail.com)

## CLIMATE CHANGE ACTION TEAM

*Climate Change and Social Justice:*

Increasingly, organizations advocating for climate change action are connecting the dots between “environmental” issues such as rising seas, heavier precipitation, and drought with their effects on people, especially the most vulnerable people. Increasing climate disruption is already a life or death matter for many.

UUs are recognizing this “interconnectivity” in various ways, including the new Climate Action Roundtable that meets monthly virtually. <https://docs.google.com/forms/d/1UvsKPsIKJmYv0swSNrtuG16aYMfboExeQLvzESgCKMU/edit>

In the absence of federal follow-through on the UN Paris Climate Agreement, cities and states are redoubling their efforts to meet goals of keeping a livable world. Our CCAT is represented on the MCCC Monmouth Community Climate Coalition, which will be meeting in January. All are welcome! <http://monmouthclimate.org>

Citizens’ voices are also amplified with Citizens’ Climate Lobby and Citizens’ Climate Education. The Lincroft chapter meets in the lovingly renovated Edgewood House, Adeline 1, the upper meeting room. Sarah Fischell is now group co-leader with Lynn Dash. Come join us at our new meeting time—12:45 pm, on Saturday, January 13 in Edgewood.

<https://citizensclimatelobby.org>

Questions? [climatelynn@gmail.com](mailto:climatelynn@gmail.com) or [sfischell@comcast.net](mailto:sfischell@comcast.net)

**WANT TO USE GIFT CARDS,  
BUT HATE USING ALL THAT PLASTIC?**



Some congregants have mentioned that they would like to buy Gift Cards at UUCMC but hate using, and throwing away, all that plastic. We have two ways of helping solve that problem.

First, many of the gift cards we sell (but not the supermarket ones) can be reloaded over the Internet. You simply need to establish an account with Great Lakes Scrip ([shopwithscrip.com](http://shopwithscrip.com)), an extremely easy process, and follow their instructions for reloading your cards. You can order reloads, give your payment to Maggi, and your cards will be reloaded.

Second, if you establish an account with Great Lakes Scrip, you can order gift cards (ScripNow) to print out at home. Again, the process is very simple--order your ScripNow cards, give Maggi your payment, and print out you gift cards.

**Thank You** for supporting this easy-to-use way of raising funds for UUCMC!

**Are You Experienced?**

Do you use Venmo or Google Wallet or another app for transferring money? We're trying to find out if one of these (or one we haven't even heard of) might be of use to our Gift Card Fundraiser.

If you're willing to give feedback on your experience with an app like these, please email Maggi: [uucmc@uucmc.org](mailto:uucmc@uucmc.org).

**Membership Committee**

Our directory can be accessed with your computer or free app for download on your phone. Go to your app store and search for "**Instant Church Directory**".

View it online: [members.InstantChurchDirectory.com](http://members.InstantChurchDirectory.com)

To get to it, enter your email address as it's listed in our directory. (If your email isn't in the directory, let Betsy Sunada or Lisa Arcoleo know to add it.) Then follow the directions to complete the login process. You can search for staff and members of the congregation. If you use your cell phone, you'll be able to call, email and text right from the app!

**Women's March**

On January 20, 2018, women (and men) will again march for equality for all people. This time, UUCMC will be joining the march in New York City. Visit [www.standcnj.org/event/2018-womens-march-nyc](http://www.standcnj.org/event/2018-womens-march-nyc) and [www.facebook.com/events/1934554616864486](https://www.facebook.com/events/1934554616864486) to find out more. Spread the word and get people to march along with us.

The Social Justice Committee is looking for someone to be a point of contact to suggest trains, time, and stations for UUs to use, so no one goes alone. Let's get large groups from UUCMC on the trains!

If you would like to be a point of contact, email Chair Tony Giordano, [tonygio298@gmail.com](mailto:tonygio298@gmail.com).

The RE Committee still has some spots open for its Auction offering: **Paint and Sip Party on Jan. 6** at 5pm. Enjoy good company, wine and fun for only \$25! Email Aimee ([avanduyne@comcast.net](mailto:avanduyne@comcast.net)) or Michelle ([dre@uucmc.org](mailto:dre@uucmc.org)) if you're interested.

**New to UUCMC?**

Want to learn about Unitarian Universalism and our congregation? Join us for a series of 4 classes to find out more. Meet others who are seeking, just like you! All classes are in the East Room. Sign up on the office door or contact [lisa@uucmc.org](mailto:lisa@uucmc.org).

<b>Welcome</b>	1/14	noon
<b>Grow</b>	2/4	12:15pm (enjoy some soup first!)
<b>Participate</b>	2/11	noon
<b>Serve</b>	2/25	12:15pm (enjoy some soup first!)

### Adult Religious Education

The Long Strange Trip Video and Discussion Series  
led by Rev. Virginia Jarocha-Ernst and  
Michelle McKenzie-Creech  
Saturdays, January 27 – March 3, 12-2 pm

A six-part video series that explores the history of Unitarian and Universalist thought and practice from early, liberal strands in faith at the beginning of the Christian era to what we know today as Unitarian Universalism.

Each video is one hour with discussion to follow. Check our website for more details.

### Annual Let It Be Workshop

Join Dr. Carol Penn, Core of Fire, and Maxine Guenther on **January 6, 12-5pm** for a dance, QiGong and writing workshop to learn the QiGong inspired choreography for Let It Be. Attendees will have the opportunity to join Core in the service the next morning, Jan. 7. Call 732-842-3932 to RSVP.

### Caring Committee – Captains Needed!

New lists of UUCMC members and their Caring Communities are now posted on the bulletin board at the meetinghouse. Please check out which community your town is located in and become acquainted with your Caring Captain! These are the folks who help communicate requests for rides, cards, visit or meals to ill or shut-in members.

Currently there are two Caring neighborhoods requiring captains. If you have a little extra time and would be willing to serve as captain for Caring Community #8 (**Holmdel** through Scotch Plains), or Caring Community #9 (Barnegat through **Toms River**), please speak to or contact Paul Newland ([Paul@solvara.com](mailto:Paul@solvara.com), 732-671-8114) or Irene Passmore ([irenepassmore@gmail.com](mailto:irenepassmore@gmail.com), 908-872-3873). Serving as captain is a wonderful way to get to know your neighboring UUCMC members and to help provide the congregation's commitment to caring ministry.

### MUSIC! MUSIC! MUSIC!

In January, Core of Fire will help us dance into the new year with intention and purpose. We'll also hear from the UU Singers, who will perform Rollo Dilworth's contemporary setting of Charles Tindley's "Courage My Soul" in honor of MLK Day.

A hearty thank you to everyone who participated in, supported, and attended "Amahl and the Night Visitors"! Thank you Elaine Held and Music Committee for organizing and helping us all come together; this community venture made the holiday season extra special.

There are many ways to get involved with music at UUCMC, and newcomers are welcome throughout the year. Opportunities to sing/play with ad hoc groups (ImpromptUU Singers, Pick Up Band) will start in February--stay tuned! Consult our website or contact Louise with questions.

**Louise Chernosky, Music Director** ~  
[music@uucmc.org](mailto:music@uucmc.org)

### A Special Thank You

We want to take time to thank all who made our having two beautiful pianos possible and who help keep them at their best:



- \* Kate Stout, who left the Steinway to UUCMC.
- \* The Piano Committee that evaluated possibilities, wrote a long report, and decided on rebuilding the Steinway.
- \* The Capital Campaign that paid for the rebuild.
- \* Rich Held, who improved the Steinway exterior.
- \* An anonymous donor to the Piano Fund.
- \* Minay Gopenko, our piano guru, who organized the work, and all the great technicians who did the work.
- \* Lynn and Jan Dash, who paid for the exterior restoration of the Steinway just completed.
- \* The Women's Club of Little Silver that donated the antique McPhail piano to UUCMC.

**Monmouth Unitarian Universalist**

A monthly newsletter published by the Unitarian Universalist Congregation of Monmouth County 1475 West Front St, Lincroft, NJ 07738  
 Phone: 747-0707 Fax: 741-9399  
 www.uucmc.org

**Minister:** Rev. Virginia Jarocho-Ernst  
 Office: 741-6111  
 Email: minister@uucmc.org

**President:** Joan Farkas  
 Home: 252-6881  
 Email: jbfarkas@verizon.net

**Director of Religious Education:**  
 Michelle McKenzie-Creech  
 Office: 741-8016  
 Email: dre@uucmc.org

**Administrator:** Maggi Riordan  
 Office: 747-0707  
 Email: uucmc@uucmc.org

**Membership Coordinator:**  
 Lisa Arcoleo  
 Office: 747-0707 ext. 4  
 Email: membership@uucmc.org

**Music Director:** Louise Chernosky  
 Cell: 585-905-8183  
 Email: music@uucmc.org

**RE/Custodial Assistant:**  
 Monica Bottone  
 Office: 747-0707  
 Email: re@uucmc.org

**Affiliated Community Minister:**  
 Rev. Rosemarie Newberry  
 Cell: 331-9463  
 Email: rnewberry0320@comcast.net

**Copy Editor/Layout:** Maggi Riordan

*Unless otherwise noted, phone numbers in this newsletter have area code 732.*

*Deadline for newsletter submissions is the 15th of each month at 12n. Please submit articles to uucmc@uucmc.org.*

*This newsletter is for news and articles about the activities of the congregation. All submissions should be <150 words.*

*The newsletter can be accessed via our website at [www.uucmc.org](http://www.uucmc.org). Click on News and then Newsletter. Copies are available without charge in the foyer.*

Tai Chi for Beginners  
 Mondays, 6:30 pm, Community Room

Recognize the "qi" in your body. Learn the practice called "nanlaoshu" or "the art of how to grow old." It enables us to strengthen and straighten our bodies, increase flexibility and improve our general health and well-being. No sign-up necessary. Open to all. \$5 donation. Email Dan Ciaglia: [danciaglia@gmail.com](mailto:danciaglia@gmail.com).



**UU Buddhist Meditation**

The Monmouth Zen Circle (a Soto Zen Buddhist Sangha) meets every Saturday at Edgewood House, 10:00am-12pm. We sit 3 periods of meditation and 2 periods of walking meditation followed by a short chanting service. Once a month our teacher, John Bailes, travels from Boston to join us for a 2-day sitting event at Edgewood House. Join us at any time. If you'd like instructions, you can arrive at 9:45am on Saturday. To learn more, contact Elaine Held [evdplate@gmail.com](mailto:evdplate@gmail.com) /732-682-1059.

**LINCROFT ZEN SANGHA**

**Wednesdays at 7pm** in the **Earth Room**, Beginning instruction at **6:30 pm**. A community of practitioners in the Soto sect of Zen Buddhism, our intention is to live out the *life* of a Bodhisattva, *realizing the awakening of ourselves and serving all others*. We sit zazen for three 25-minute periods, with a short walking meditation between periods.

All are welcome. *Please email us to let us know of your first visit.*  
 Info: <http://lincroftzen.org> (See the "First Visit" tab) or [info@lincroftzen.org](mailto:info@lincroftzen.org)

**Adjunct Group**

**Monmouth Center for World Religions & Ethical Thought**

MCWRET January events will include a panel discussions at Applewood Senior Residence in Freehold on January 16, 11-noon: "How We Give Thanks -Sikh, Hindu, Jain, Muslim, Jewish and Catholic Perspectives " If you wish to attend, please contact Rev. Liz Congdon (609) 954-1450.

We are collaborating with Pilgrim Baptist in Red Bank for their MLK Commemorative Celebration, January 15th at 12n. Rabbi Marc Kline and local clergy will participate. Stay tuned for more info.

[www.interfaith-mcwret.org](http://www.interfaith-mcwret.org)  
 Joe Ritacco (MCWRET) [jritacco@comcast.net](mailto:jritacco@comcast.net) or  
 Kristine Binaco (UUCMC & MCWRET) [uubooklover@verizon.net](mailto:uubooklover@verizon.net)

## Get Involved!



### Soup Luncheon Time

Fight the January cold with delicious hot soup! There will be a soup luncheon on **January 7** after service. We need your delicious soups to nourish us all. Can you offer a pot of soup and/or help with the set up or clean up? Email Marinel Mukherjee at [baykoof944@aol.com](mailto:baykoof944@aol.com). This is a fundraiser! But it's only \$10/adult, \$5/child, \$25 maximum per family. (If the cost is a burden, please speak to Rev. Virginia.)

### Community Life Committee

Are you looking for a satisfying, appreciated way to help UUCMC operations? How about becoming the UUCMC **Bagel Master**?

The Bagel Master is responsible for getting bagels to the meetinghouse each Sunday. The bagels get delivered now, but how it gets done is up to the master.



Interested? Contact Heidi Bruhin (732-895-5432, [hbruhin@my.brookdalecc.edu](mailto:hbruhin@my.brookdalecc.edu)) to get more info.

### Social Action Film Series:

**Reflecting on King's Teachings** ~ Sun. Jan 14, 6-8:30 pm, Community Room

Join the Social Action Film Series and the Racial Justice Task Force for selected videos highlighting Dr. Martin Luther King's legacy of agape - unconditional love- and discussion about the viability of this method for our present-day challenges. We will also hear about the Poor People's Campaign, which is carrying on the work King had underway when he was killed. We also hope to be joined by a community organizer who applies these principles in his work. Contact Dan Ciaglia, [danciaglia@gmail.com](mailto:danciaglia@gmail.com), for more details.



## The Monmouth Unitarian Universalist

Unitarian Universalist Congregation  
of Monmouth County  
1475 West Front Street  
Lincroft, New Jersey 07738



*Address Correction Requested*