



The Monmouth Unitarian Universalist

WWW.UUCMC.ORG

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Unitarian Universalist Congregation of Monmouth County, Lincroft, New Jersey

October 2016

October's Theme: *HEALING*

Find the question that speaks to you...

When was the last time you visited your “healing place”? When in pain, sometimes we need to be around people who love us. Other times we need to be surrounded by places we love.

Are you ready to let yourself be forgiven? Is it possible that you are the only one who thinks you don't deserve healing?

Are you exhausted? Have you been running on empty for so long that you no longer notice? Is it time to notice? Is it time to rest and restore, and let yourself heal?

What one small step can you make today toward healing your broken heart? It won't happen all at once. But it also won't happen on its own.

Is taking on the care of the broken things of the world breaking you?

Are you ready to heal from your failure? (“Failure should be our teacher, not our undertaker. Failure is delay, not defeat. It is a temporary detour, not a dead end. Failure is something we can avoid only by saying nothing, doing nothing, and being nothing.” ~ Denis Waitley)

What if talk of healing needs to wait? (“Let us not rush to the language of healing before understanding the fullness of the injury and the depth of the wound.” ~ Dr. Yolanda Pierce)

Soul Matters ~ Rev. Virginia Jarocho-Ernst

Have you noticed that things have tendency to fall apart? There is no magic cure for the aging of people or things. No matter how organized we are, entropy is a force to be reckoned with. On the other hand, some things do get better with age. Cheese, wine, antiques and mature adults with wisdom and perspective – all just keep on getting better.



There is a season when youth and growth blossoms and a season when we humans must face the inevitable losses of health, vibrancy and relationship. It is physics and the laws of nature etched into our own skins.

What is healing in this context? What can get better? I know we humans do have an amazing capacity to heal physically, emotionally and spiritually. We are resilient creatures just as we have an unfathomable capacity to cause harm. We hurt each other, and we support systems that hurt others on our behalf.

Some kind of restorative justice, some kind of healing is needed to save us from ourselves on this little blue green planet. The question I am pondering is this: Is the power to heal inside us or out there in something beyond us? With all the tearing of human community and all the broken systems, what could have the power to heal and not to harm? Not to defy the laws of nature but to live better aligned with them.

Just wondering...

Rev. Virginia

Sunday Services

One service at 10:30am

October 2

A Healing Season

Rev. Virginia

As Jews around the world prepare to enter the High Holy Days, what lessons can we draw from this deep source of wisdom? Is it time to own our mistakes and make a fresh start? Is it time to let go and forgive? The time is near to stop and acknowledge the holiness in this season of growth and change. *Music by Just Folk and Louise Chernosky.*

October 9

Signs of the Times

Rev. Rob Gregson

If you were to choose one event or issue to stand for “these times,” this era in American life, what would it be? The “new” racism? Climate change? Spiritual isolation? A searching and sympathetic look at some of the most pressing “signs” which grip our attention (or ought to) and ways that NJ UUs can bring our highest values and best selves to bear on them. *Music by Cindy and John Balme.*

October 16

Defying Hate

Rev. Virginia

Reflections on the story of two UUs who courageously stood up to the Nazis. Ken Burns’ documentary *Defying the Nazis: The Sharps’ War* tells the story of Waitstill and Martha Sharp, a Unitarian minister and his wife who left their children behind in the care of their parish and boldly committed to multiple life-threatening missions in Europe. Over two dangerous years, they helped to save hundreds of imperiled political dissidents and Jewish refugees fleeing the Nazi occupation across Europe. *Music by Pick Up Band and Louise Chernosky.*

October 23

Better and Older

Rev. Virginia and friends

Rev. Virginia will reflect on the gifts and challenges of aging. *Music by UU Singers and Louise Chernosky.*

October 30

Us and Them

Rev. Virginia

There is a not so fine art to making enemies. I notice we all have a habit of falling into oppositional thinking when faced with disagreements. And understandably, we take comfort in the community of people who agree with us. On this Halloween weekend, we’ll try to unpack this scary and dangerous human habit to determine what an enemy really is. The children will be dressed in costume for their annual **Halloween Parade** too! *Music by Louise Chernosky and Joel DeWitt.*

Sunday Dialogs — 9am (coffee 8:45am)

October 2 – “Beyond the Beauty in Our National Parks”

John Luard

Behind the beauty of the National Parks, there lies a labyrinth of land management, people management, and a culture that is (or should be) compatible with “Respect for the interdependent web of all existence of which we are a part.”

This year is the hundredth anniversary of the National Park Service, an appropriate time to bring out stories of conservation and stewardship of the earth.

John has been visiting the National Parks for nearly four decades and each year spends time in the wilderness. His authority is that he is in love with this country, which is to say, in love with home. He held several leadership positions in the congregation around the turn of the century.

October 9 – “Progressive Legislation in the Age of Gov. Christie”

The Rev. Rob Gregson, Executive Director, UU Legislative Ministry of New Jersey

I will present an overview of why the UULMNJ exists and what it does, in Trenton and across the state. I’ll describe key reform bills UULMNJ will lobby for this year, including greater police accountability for civilian injuries/deaths through a Special Prosecutor, an end to solitary confinement as we know it, and Family Sick Leave for low-income workers.

Rev. Gregson joined the UU Legislative Ministry NJ in July. Before that, he was the first director of SimpleGifts: Unitarian Centre for Social Action in London serving immigrant families and British Unitarianism. He also served as minister to the First UU Fellowship Hunterdon Co. NJ. He lives with his two children in South Orange, NJ.

October 16 – “Dance as a Religious Expression through History”

Susan Gaddy Pope

In the beginning there was dance. Dance as a religious expression has existed since the beginning of time in all cultures. We will explore scriptural references of dance in the bible, African dance, and Liturgical dance in our churches today.

Susan Pope holds a BA in dance from the University of Maryland and a MA in dance education from Columbia University. She is a certified PraiseMoves® instructor and author of DANCING MY PRAYERS, a guide to combining movement and prayer.

October 23 – “Foraging for Food in Our Local Area”

Molly Walker

Did you ever wonder what those berries are on a weedy bush and if they are edible? What about those persistent weeds that we have in our flower beds? Molly will go over some of the common things you will find in the area and resources to find out what it is, how to cook them, and their nutritional benefits.

Molly is a Nurse-Midwife who grew up with parents who loved nature. She has been identifying wild plants as long as she can remember and is a devotee of Euell Gibbons, probably one of the first “Foody” authors. She & her husband Rick Goldberg spend many happy hours in the fields collecting wild berries and other foods, then Rick makes them into jam!

October 30 – “Support for Donald Trump in Appalachia: A Sociologist’s Perspective”

Jim McCorkel

Jim heard a radio interview and was impressed by J.D. Vance, a favorite of the Republican literati, and author of “Hillbilly Elegy: A Memoir of a Family and Culture in Crisis” published earlier this year. He will compare Vance’s perspective on Appalachia with Malcolm Gladwell’s “Harlan, Kentucky” chapter in “Outliers: the Story of Success” and Senator Jim Webb’s “Born Fighting: How the Scots-Irish Shaped America”. Should UUs identify with the men and women who support Donald Trump in Appalachia?

Jim was a teacher and administrator in medical schools and teaching hospitals. He served on the board of the Unitarian Universalist Service Committee. At UUCMC since 1995, he taught RE, served on the Nominating Committee, the Sunday Morning Dialog Conveners, and co-chaired the Social Action Committee.

Religious Exploration Ministry

Building Bridges

Michelle McKenzie-Creech,
Credentialed Director of RE



As I roamed the classrooms on our first day of RE classes I walked into our 6th-7th grade classroom just as they were discussing the meaning of their new curriculum Building Bridges. One youth noted that “unlike walls, bridges bring us together and build connection.” Yes! I have always loved the metaphor of a bridge. As we begin our RE and Youth Programs year today, we do a lot of intentional work around building connection with each other, our teachers and our community.

At the very beginning of this month, our 6th-12th grade youth will be off on an adventure camping together in lovely Barnegat, New Jersey. It is our tradition to begin our year of youth groups together in this way. We have found that spending this extended period of time together gives us the opportunity to begin our year with connection, new relationships, goals, expectations and lots of fun. I am looking forward to spending time with our youth on this retreat and will be spending more time with them during this year of programs.

Check out our “Families” section on our new website; we have resources the theme of the month and for families. Keep an eye out for special events this year that foster community among us. We also started a “UUCMC Parents” Facebook page to promote more connection between families as we explore being UU parents!

Connection and relationships are so important at all stages of life. May you find it in this beautiful community.

In community and faith,
Michelle



Religious Education News

RE REjoices:

Our RE classes are off to a good start. It is so wonderful to see all their smiling faces again!

We have many ways for the parents to keep in touch with what their children are doing in class. We have a closed Facebook group parents can join and discuss RE topics with each other. Michelle will be adding announcements to that page also. You can find it at www.facebook.com/groups/336857566655209/. We also have a Families section on our new website. If you haven't checked it out yet, please do so.

We will be having a Halloween party on Sunday, October 30th. Children are welcome to wear their costumes and join in a parade around the Earth room before leaving.



RE REquests:

Please remember that children are not to be in the TLC playground area without adult supervision. Thank you for your cooperation.

RE REminders:

Children of all ages should wear their costumes on Oct. 30.

Some **RE** dates to **RE**member and **RE**cord:
October 16 – CROP Walk (see p. 5 for details)
October 30 – Halloween and costume party

We Are Getting Older (WAGO)

Wednesdays in October at noon

Enjoy the lunch you've brought and then listen to a speaker who will explore getting older in this day and age.

We hope you'll join us!

- 5 *What in the world is Qigong? Hear about it and do it.*
Maxine Forster Guenther, M.A., certified Qigong instructor
- 12 *Is Common Decency still viable?*
Panel: Rev. Liz Congdon and Ben Forest
- 19 *What is it with kids these days? Generational Differences.*
Rev. Virginia Jarocho-Ernst
- 26 *Why I LOVE this music*
Elaine Held, pianist

Board News

Board of Governance 2016-2017

President	Carolyn Weaver	Treasurer	Tom Smith	VP at Large	Alicia Malave-Diaz
Senior VP	Joan Farkas	VP Staff Resources	Janet Freed	VP at Large	Stephen Alburtus
Secretary	Jan Boyarin	VP at Large	Steve Vitale	Council Moderator	Judy Bolton

Dollar\$ and Sen\$e



Fiscal Year 2016-2017 (Total Budget \$477,600)

PLEDGE TARGET	PLEDGED	PLEDGE GAP	PLEDGES PAID
\$342,000	\$328,997	\$13,003	\$110,390

YTD	YTD	NET
\$139,312	\$89,310	\$50,002



36th annual
Red Bank CROP Walk
 Sunday, October 16 at 2pm
 (Registration starts at 1pm.)

CROP Walks help to end hunger locally and around the world!

The walk is an easy 5 miles, the distance many people of the world walk to get water every day. CROP Walkers use **Heart & Sole** to help hungry neighbors!

For more info contact Vanessa Merhi ~ vanessamerhi@gmail.com/772-0863 or come to the CROP table during coffee hour.

How to walk:

Join us in raising money by picking up a sponsor envelope at coffee hour. You can also join team UUCMC online. Just register at www.crophungerwalk.org/redbanknj and then click “Join a team” at right and search UUCMC.

How to donate online:

If you can’t walk, you can still donate at Coffee Hour or by clicking “Donate” and then “Donate to a Team” www.crophungerwalk.org/redbanknj. Our team name is UUCMC (look for the photo of Rev. Virginia and friend!).

We are off to a good start to our new fiscal year, with pledge numbers generally tracking in-line or better than at this time last year. Still, the amount of money pledged for FY16-17 trails our pledge target, and it would be helpful for everyone to submit their pledges in order to reduce the pledge gap. While our net income looks robust at this checkpoint, the timing of income and expenses is not always smooth from month to month, and I expect a more modest net income result in coming months.

- Tom Smith, Treasurer

Our Solar Panels’ 10th Anniversary. Look at how much we’ve saved!



UUCMC Solar System’s Lifetime Performance (since 9/22/06)

Reading taken 8/31/16

Total: 117,643 pounds of CO₂ pollution avoided
 106,949
Kwhrs 181,817 pounds coal consumption avoided
 produced 321 barrels of oil consumption avoided

Committee News

Committee Chairs

Building	Paul Newland/Irene Passmore	Finance & Administration	Tom Harbison	Program	Jane Reskof
Caring	Heidi Bruhin	Grounds	Bonnie Lee Glaab	Public Information	Karen Kane
Community Life	Rich Held	Membership	Betsy Sunada/MaryRose Malley	Religious Education	Aimee VanDuyne
Denominational Affairs		Music	Liz Tortorella	Social Action	
				Sunday Morning Dialog	Linda Stehlik

SOCIAL ACTION

The Social Action Committee meets in the East Room the **first Wednesday**, October 5, at 7pm. If you see something happening in our community, our world, that you don't like, *get involved*.

Share the Plate: UU Legislative Ministry of NJ is the Share the Plate recipient for October. The new director, Rev. Rob Gregson, will be the Dialog presenter and will give the sermon on October 9. UULMNJ's campaign to get cheaper phone rates for undocumented persons in detention was successful. Governor Christie signed the bill making lower phone rates possible.

Keypoint Lunch Program: Barbara Vallin has a core of 8 volunteers and is able to provide 4 people to help out at the Bayshore Lunch Program in Keypoint on the second Monday of each month. If you'd like to be added to the volunteer list, contact Barbara.

Family Promise: During the week of Sept. 18, UUCMC members helped host and provide meals for the FP guests at Middletown United Methodist Church. We need more people to help out on the weeks it is our turn. Please sign up on Volunteer Spots or contact Anne Shramko, 671-9457. It's easy, rewarding, and provides a great service to homeless families.

The Fall **UULMNJ** meeting at the Morristown Unitarian Fellowship will be Saturday, October 15, at 3pm, with the Keynote speaker, Chris Crass, speaking at 7pm. All are welcome. For more info and to register, go to UULMNJ.org. UUCMC member William Van Wyke is a member of the UULMNJ board. We are looking for someone to serve as a liaison, along with William. If interested, talk with William or Elizabeth Sowell-Zak.

On October 6, Network for Responsible Public Policy is hosting a talk -"What's Gender Got to Do With It? Women and Electoral Politics Today", to be held at Fairleigh Dickenson Univ. See NFRPP.org for more details. Contact Tony Giordano if you'd like to attend

Get involved! Email: socialactionuucmc@gmail.com

Climate Advocacy

Many UUs already act to reduce our own carbon footprints—that's great! AND more is needed, given the upward trajectory of climate-change causing greenhouse gases and resultant cascading impacts, especially on those least able to adapt.

"What else can I do?", you might ask. Here are some suggestions for your support and participation:

CLIMATE CHANGE ACTION TEAM: Our congregation's voice inside and outside our walls. The next meeting is October 18 at 2pm in Lincroft.

Monmouth Community Climate Coalition: Our CCAT is part of this coalition of faith, civic, and environmental groups working together for climate awareness and solutions. Next meeting: Thursday, Oct. 20, at 10:30am in Rumson.

Citizens' Climate Lobby/Education (CCL/CCE): We meet on the 2nd Saturday of each month at UUCMC. The next meeting is Saturday, Oct. 8, 11:30. The guest speaker on the call is Dr. George Lakoff, cognitive linguist, on more effective communication. citizensclimatelobby.org



Citizens' Climate Lobby

Climate Advocacy Training—Sunday, October 16, 2:30-5:30, UUCMC. Free training on effective advocacy using Citizen Climate Lobby/Education's approach of appreciation, respect, and preparedness. RSVP: Carole Johnson cmjohmar@hotmail.com.

Coastal Film tour: Free Film Screening and Q&A Session with filmmaker Diogo Castro Freire. See "**Facing the Surge**", an exciting new documentary short film that documents the tangible costs of sea level rise for the people of Norfolk, VA, home to the largest naval base in the country and to thousands of hard-working Americans struggling to adapt to the rising tides and an uncertain future.

www.adaptationnow.com

Tuesday, **October 4: 1pm** Rarity Valley Community College, 118 Lamington Rd., Branchburg
7pm Brick Township Library, 301 Chambersbridge Rd.



**UU Buddhist Meditation:
EARTH SANGHA 2**

New weekly meditation group meeting
Fridays 10:30 am-12 in the Earth Room.

No experience is necessary. There will be 2 periods of seated meditation and 1 period of walking meditation. Instructions on meditation will be given, and a chance to ask questions and conversation. This is a special time to sit as a group/sangha and find the elusive and precious space within us.

“Our practice is not to sit to acquire something; it is to express our true nature.”
~ Shunryu Suzuki

The Thursday evening Earth Sangha will continue to meet 5-6:30 every week. Come to one or both!

For more info, email Elaine Held at evdplate@gmail.com.

MUSIC! MUSIC! MUSIC!

Our services this month are woven together by the theme of healing. Come hear Just Folk’s special arrangements of favorite Simon and Garfunkel tunes, including “Scarborough Fair,” “Old Friends,” and “Bookends.” John and Cindy Balme will bring us American protest songs, and the UU Singers will offer “I’m Gonna Lift My Sister Up,” a song by Faya Rose Touré, the first African American woman to become a judge in Alabama.

One way we heal together is through making music together! Anyone who plays a band or orchestra instrument is warmly invited to play in our Pick Up Band on October 16th. Children who have started lessons at school are also welcome. We rehearse once at 9:45 am before the service, and then play our easy song as a prelude that same day. This month’s song is “This Land Is Your Land.” Sheet music is available now for anyone who would like it in advance. Contact Louise with any questions.

Louise Chernosky, Music Director
music@uucmc.org

Gift Card Sales Earned Over \$4,300
for UUCMC in the 2015-16 Fiscal Year
WE COULD DO MUCH BETTER

In the fiscal year ending June 30,2016, sales of gift cards netted a profit for UUCMC of over \$4,300. Nice, but we could do so much better. Similarly sized congregations earn well in excess of \$10,000 in profit from gift card sales. Some earn over \$20,000! Imagine what UUCMC could do with that money.

We stock gift cards for almost all of the local grocery stores and dozens of other popular retailers and restaurants. We can order gift cards for hundreds more.

Please support UUCMC's programs by buying gift cards on Sunday morning.

FROM THE MUSIC COMMITTEE

Occasionally, Music Committee sponsors a concert at UUCMC. If you would like to organize a simple, light reception after such an event, please contact Liz Tortorella, chair.



Denominational Affairs

The webinar for October from the UUA Central-East Region (of which we are a part) is “Meet the Standing on the Side of Love Staff”. The webinar is 1 hour and is scheduled for October 25 at 1 pm and repeated on October 26 at 9 pm. You can access the webinar by going to www.uua.org/central-east and clicking on the “Events and Webinars” link on the left.

The UUA conducts one Common Read each year. A Common Read invites participants to read and discuss the same book. This 2016-2017 Common Read is *The Third Reconstruction: Moral Mondays, Fusion Politics, and the Rise of a New Justice Movement* by The Rev. Dr. William Barber II and Jonathan Wilson-Hartgrove (Beacon, 2016). Unitarian Universalists were electrified at General Assembly 2016 by Rev. Barber's call for building and sustaining a movement for justice for all people. More on this as more info becomes available.

Fall Path to Membership Series

Are you wondering about membership at UUCMC? Come find out about our congregation and Unitarian Universalism, and meet other seekers on the journey. All meetings are noon to 1pm in the East Room.

Sign up on the office door, or email Lisa Arcoleo (lisa@uucmc.org). Childcare is available, and it's important to know if you need it.

October 9 Welcome
October 23 Grow
November 6 Participate
November 20 Serve

Autumn Photography Exhibit in the Earth Room Betsy Sinclair

How can a simple activity like taking a picture of the same subject every day engender reflection and a feeling of connectedness? The artist explains:

The Betsysinclair Share a Cup photo series was born from a feeling of gratitude for a life that is imperfect, a little bit broken and off-center, yet full of beauty, love, warmth and joy. Taking pictures of my coffee has been a daily ritual of mine for many years. When I began to share my coffee photos with other people, something special started to happen.

Elevating this ordinary act of a morning coffee into something extraordinary, developed this lovely sense of connection and community with people from all over the world as these wonderful human beings offered their expressions of joy in sharing this ritual with me. For that I am grateful.

It's Not Too Late to Join a Covenant Circle

Come know and be known! *Everyone is invited.*

Covenant Circles are groups of 8-10 people who meet once a month to deepen their connections with each other and consider matters of ultimate worth.

Circles are just beginning to meet in October. A variety of meeting times are available. Contact Lisa Arcoleo (lisa@uucmc.org) to sign up.

Earth Room Concerts

UUCMC's series of folk/acoustic/singer-songwriter concerts in our sanctuary, continues with **Tracy Grammer** - Saturday, November 5th, 7:30pm

Advance tickets are on sale at Coffee Hour and on the website.



Tracy, currently based in MA, was the musical partner of Dave Carter until his untimely death. Dave's excellent songwriting includes "Gentle Arms of Eden", which has been performed by Just Folk here at UUCMC. Tracy is keeping Dave's legacy alive, as well as performing her own and others' songs. She's an engaging performer, and a favorite at folk festivals.

For more info about the music series, the artist, or the rest of the 2016-2017 schedule, go to earthroomconcerts.org, or contact Bob Kelley (concerts@earthroomconcerts.org).

Please share our Facebook page (www.facebook.com/earthroomconcerts) and our Twitter account ([@ConcertsEarth](https://twitter.com/ConcertsEarth)) with your friends! We want to increase our audience for Earth Room Concerts and need your help! *Thanks!*

Bringing Folk Music to Monmouth County!

From the Racial Justice Task Force:

At an Asbury Park Education Justice event in September, Jennifer Lewinsky, founder of Black Lives Matter Asbury Park, stated that she hopes to make creation of a Civilian Complaint Review Board (CCRB) one of the first actions by the new organization. The American Civil Liberties Union has successfully championed a similar effort in Newark. "No matter what else may happen in the future, with this vote the Newark Municipal Council has ensured that civilian oversight of police has a central, permanent role in our city," said Jasmine Crenshaw, N-CAP organizer. "Newark cannot afford a CCRB that lacks the power to deliver on its promise of accountability, and this ordinance gives the people of Newark the authority to truly discipline police officers who abuse their position. With the establishment of this CCRB, the days of letting police officers police themselves will start to approach an end." To learn more visit, <https://www.aclu-nj.org/news/2016/03/16/newark-makes-history-councils-passage-permanent-police-overs>.

Monmouth Unitarian Universalist

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Unless otherwise noted, phone numbers in this newsletter have area code 732.

Deadline for newsletter submissions is the 15th of each month at 12n. Please submit articles to uucmc@uucmc.org.

This newsletter is for news and articles about the activities of the congregation. All submissions should be <150 words.

The newsletter can be accessed via our website at www.uucmc.org. Click on Newsletters. Copies are available with-out charge in the foyer.

Tai Chi for Beginners

Mondays, 6:15 pm, Community Room

Recognize the "qi" in your body. Learn the practice called "nanlaoshu" or "the art of how to grow old." It enables us to strengthen and straighten our bodies, increase flexibility and improve our general health and well-being. No sign-up necessary. Open to all. \$5 donation. Dan Ciaglia: danciaglia@gmail.com.

LINCROFT ZEN SANGHA

The Lincroft Zen Sangha is a community of practitioners in the Soto sect of Zen Buddhism. Our intention is to live out the *life* of a Bodhisattva, realizing the awakening of ourselves and serving all others. On **Wednesday evenings at 7pm in the Earth Room**, after a short Zen Buddhist liturgy, we sit zazen for three 25-minute periods, with a short walking meditation between periods. Beginning instruction is offered at **6:30 pm** before service and sitting begin. All are welcome. *Please email us to let us know of your first visit.*

Info: <http://lincroftzen.org> (See the "First Visit" tab) or info@lincroftzen.org

Adjunct Group**Monmouth Center for World Religions and Ethical Thought (MCWRET)****MCWRET's 17th Annual Shanti (Peace) Program**

"Sikh Perspective on How to Achieve Lasting Peace on Planet Earth"
by Harinder Singh

Sunday, October 9, 3-4 pm at UUCMC

followed by a reception in the Community Room

Our Shanti Lecture will be based on the Granth, the Sikh scriptural canon. The focus of the lecture is to raise the agenda on interfaith dialogue by focusing on real issues facing the world community. Practical recommendations will be offered to help us live in harmony in a world of difference.

Harinder Singh is an activist-educator who is motivated by his Sikh Faith to advocate for social change. He is a prolific author and public speaker. He holds degrees in Aerospace Engineering, Engineering Management and a M. Phil. in Guru Granth Sahib.

Email Joe Ritacco with questions or for more info: JRitacco@comcast.net.

www.interfaith-mcwret.org

Contact Joe Ritacco (MCWRET) jritacco@comcast.net or
Kristine Binaco (UUCMC & MCWRET) uubooklover@verizon.net.

Upcoming Events!

Social Action Film Series

Farmageddon

Oct. 23rd at 5pm

UUCMC Community Room

The film tells the story of family farmers providing safe, healthy foods to their communities who were forced to stop, often through violent action, by agents of misguided government bureaucracies. It succinctly poses and addresses the question "why is this happening in 21st century America?" Evoking both sympathy and anger for those farmers violently shut down by overzealous government policy and regulators, *Farmageddon* stresses the urgency of food freedom.

Email Dan Ciaglia with questions:
danciaglia@gmail.com.



Honoring Indigenous People Day

October 8th from 12 to 2pm

Bring a bagged lunch

We will show segments of two films: "500 Nations" with Kevin Costner and "Beyond Bows and Arrows" with N. Scott Momaday which will be followed by a discussion. All are welcome.

Introduction to Worship

October 29th, 9am to Noon, in the Community Room

All are invited to a workshop facilitated by Rev. Virginia exploring the craft of creating effective worship services. If you are curious about how to tell a story, choose a reading or hymn, want to share in the creative process or just know more about it, this is the workshop for you. Please RSVP to Virginia@uucmc.org.



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Address Correction Requested

DATED MATERIAL — PLEASE EXPEDITE